

BEST BETS

A guide to online and in-person entertainment and experiences

BY ELISABETH FRAUSTO

This is a continuing listing of online activities and local in-person events.

Lectures & Learning

- Scripps Research presents **“Hacking Our Body Clocks to Optimize Health”** at 1 p.m. Wednesday, Oct. 19, online. Scripps Research associate professor Katja Lamia will show how circadian clocks affect everything from metabolism to tumors. Free. frontrow.scripps.edu
- Nonprofit Compassion & Choices presents **“Planning Ahead for the End of Life”** at 10 a.m. Thursday, Oct. 20, at the La Jolla/Riford Library, 7555 Draper Ave. A panel of experts will discuss medical, legal and personal matters to consider to ensure your final choices are honored. Free. (619) 507-9915.
- The **La Jolla Library Poetry Group** meets at 2 p.m. Thursday, Oct. 20, at the La Jolla/Riford Library, 7555 Draper Ave. The group meets the third Thursday of each month for participants to read and share poems they've written with other budding or experienced poets. Free. Email vmdandrea@hotmail.com.
- La Jolla Playhouse presents **“Spotlight On: Learning Series for Adults”** through Thursday, Nov. 17. The theater-based classes, which run weekday evenings at various times, cover topics such as playwrighting, improvisation and musical theater. \$279 per six-week class. lajollaplayhouse.org/spotlight-on
- King's Cross Church presents **“Life Explored”** at 6 p.m. Sundays through Nov. 20 at 7818 Ivanhoe Ave., La Jolla. Forums will discuss spirituality and are open to anyone, regardless of religious affiliation. Free. lifeexploredsd.com
- The **Pen to Paper writing class** is held at 1 p.m. Thursdays at the La Jolla/Riford Library, 7555 Draper Ave. The weekly class is open to writers 18 and older of all experience levels. Free. (858) 552-1657

Arts & Culture

- The UC San Diego Visual Arts Department presents an open studio for Longenecker-Roth artist-in-residence **Cannupa Hanska Luger** at noon Friday, Oct. 14, at the Visual Arts Facility, 252 Russell Lane, La Jolla. Free. cannupahanska.com
- Warwick's bookstore presents author and activist **Chitra Banerjee Divakaruni** at 7:30 p.m. Friday, Oct. 14, at 7812 Girard Ave., La Jolla. Divakaruni will discuss and sign her new



BFREE STUDIO

BFree Studio in La Jolla presents **“Beggars of Bliss, Icons of Loss,”** an exhibit by Max Roemer, through Saturday, Oct. 29.

book, **“The Last Queen: A Novel of Courage and Resistance.”** Free, or \$16.99 for a reserved seat and book copy. warwicks.com/event/divakaruni-2022

• The ProtoStar Foundation presents **“Hollywoodland”** at 8 p.m. Friday, Oct. 14, at the Conrad Prebys Performing Arts Center, 7600 Fay Ave., La Jolla. Concert pianists Konstantin **SEE BEST BETS, B12**



PREVIEWFIRST

This Del Mar bathroom remodel was the winner of a Master Design Award.

Local design firm wins award for ‘Sparkling Spa’ remodel in Del Mar home

BY KAREN BILLING

Local design firm Jackson Design and Remodeling (JDR) was awarded a Master Design Award for their spa-like remodel of a bathroom in a Del Mar home. The “Sparkling Spa” bathroom earned a bronze award in the “Bathrooms over \$75,000” category in this year’s competition, sponsored by Qualified Remodeler magazine.

JDR’s Senior Designer Gabriel Sepulveda led the project for the homeowners, a couple who wanted a serene space in their coastal home where they could dedicate time to self-care and decompress from their busy lifestyles.

The new bathroom design looks like a luxury hotel spa with custom details that still make it feel like home. The bathroom includes both a sauna and steam shower. A dramatic wall of mosaic tile in shades of glittering metallic blue is a focal point, paired with blue laminate cabinetry and modern niches for towels and accessories.

The winners for all 22 categories of the Master Design Awards were featured in the September issue of Qualified Remodeler magazine.

Top North Coast Homes Sold Sept. 15–Oct. 6

Address	Bed	Bath	Selling Price
92014			
1912 Seaview Ave.	3	2.5	\$4,595,000
13645 Pine Needles Drive	4	3	\$2,985,000
2154 Pinar Place	4	2.5	\$2,970,000
14735 Caminito Porta Delgada	3	3.5	\$2,950,000
15131 El Camino Real	5	5	\$2,925,000
13339 Portofino Drive	3	2	\$1,420,000
460 Camino Del Mar, Unit 14	2	1	\$1,047,500
13781 Mango Drive	1	1	\$570,000
92075			
6237 Avenida Loma De Oro	5	4.5	\$5,200,000
6501 Via Vista Canada	5	6.5	\$4,800,000
368 Holmwood Lane	4	3	\$4,350,000
513 Canyon Drive	3	1	\$3,400,000
515 S. Sierra Ave., Unit 113	2	2.5	\$2,700,000
1309 Santa Luisa Drive	3	2	\$2,025,000
404 Santa Dominga	5	3	\$1,880,000
325 S. Sierra Ave., Unit 21	2	2	\$1,400,000
544 Via De La Valle, Unit A	3	2	\$1,170,000
92130			
4825 Rancho Verde Trail	5	6.5	\$5,350,000
5359 Aurora Summit Trail	5	5.5	\$3,900,000
5463 Meadows Del Mar	5	4.5	\$3,865,000
5119 Bareback Square	3	3.5	\$3,200,000
14210 Fox Run Row	3	3	\$2,660,000
4706 Reedley Terrace	5	4.5	\$2,653,000
13668 Landfair Road	4	3.5	\$2,225,000
4117 Sturgeon Court	4	2.5	\$1,967,500
12979 Chaparral Ridge Road	4	2.5	\$1,925,000

SOURCE: CoreLogic/RealQuest

COMPASS
THE LUXURY DIVISION

1020 Prospect St, Unit 205 | La Jolla
2 BD | 2.5 BA | 1,792 SF | \$3,950,000

9678 Claiborne Sq | La Jolla
4 BD | 3 BA | 2,975 SF | \$2,274,900

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OPEN HOUSES

View this week's open house directory online at openhomes.delmartimes.net

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